



Monday	Tuesday	Wednesday	Thursday	Friday
			Baked Mostaccioli	Pizza Slice
			Romaine w/ Dressing Dinner Roll Diced Peaches 1% White or FF Flavored Milk	Baby Carrots w/ Ranch Fresh Apple 1% White or FF Flavored Milk
			1	2
Beef Soft Taco on WW Tortilla	Grilled Chicken Salad	Meat Loaf w/ WW Dinner Roll	Asian Chicken	Pizza Slice
Mexican Pinto Beans Diced Peaches 1% White or FF Flavored Milk	Tossed Salad with Ranch Whole Wheat Pita Bread Mixed fruit 1% White or FF Flavored Milk	Mashed Potato Fresh Banana 1% White or FF Flavored Milk	Steamed Broccoli WG Brown Rice Diced Peaches 1% White or FF Flavored Milk	Baby Carrots w/ Ranch Fresh Apple 1% White or FF Flavored Milk
5	6	7	8	9
Grilled Chicken Breast on WW Bun	BBQ Beef Rib Patty on Bun	Hot Philly Steak & Cheese Sub	Cheeseburger Mac w/ WW Dinner Roll	Pizza Slice
Baked Beans Diced Peaches 1% White or FF Flavored Milk	Seasoned Greens Fresh Orange 1% White or FF Flavored Milk	Potato Wedges Fresh Banana 1% White or FF Flavored Milk	Savory Carrots Coins Dinner Roll Mixed fruit 1% White or FF Flavored Milk	Mixed Veggie Slaw Fresh Apple 1% White or FF Flavored Milk
12	13	14	15	16
Vegetarian Chili w/Cheese and Corn Bread Loaf	Beef & Cheese Nachos w/ WG Corn Chips	Chicken Strips w/ WG Goldfish Crackers	Meatballs & Gravy with Brown Rice	Pizza Slice
Diced Potatoes Diced Peaches 1% White or FF Flavored Milk	Mexican Salsa Diced Peaches 1% White or FF Flavored Milk	Baked Beans Fresh Banana 1% White or FF Flavored Milk	Baked Green Beans Mixed fruit 1% White or FF Flavored Milk	Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk
19	20	21	22	23
Cheeseburger Meatloaf on WW Bun	Chef Salad	Salisbury Steak	Chicken Penne w/ WG Breadstick	
Baked Beans Diced Peaches 1% White or FF Flavored Milk	Romaine w/ Dressing Whole Wheat Pita Bread Fresh Orange 1% White or FF Flavored Milk	Mashed Potato Dinner Roll Fresh Banana 1% White or FF Flavored Milk	Baked Green Beans Diced Peaches 1% White or FF Flavored Milk	
26	27	28	29	30
				No School



Thought for Thought

Life is a progress, and not a station. - Ralph Waldo Emerson

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

