



Monday	Tuesday	Wednesday	Thursday	Friday
				Pizza Slice
				Fresh Broccoli & Ranch Dressing Fresh Orange 1% White or FF Flavored Milk
				1
Grilled Chicken Breast on WW Bun	Salisbury Steak w/ WG Dinner Roll	*New*Egg & Cheese on WG English Muffin	Baked Mostaccioli w/ WW Dinner Roll	Pizza Slice
Baked Beans Diced Peaches 1% White or FF Flavored Milk	Baked Green Beans Strawberry,Pineapple,Grape,Peach Fruit Mix & Fresh Juice 1% White or FF Flavored Milk	Diced Potatoes Fresh Banana 1% White or FF Flavored Milk	Romaine w/ Dressing Diced Peaches 1% White or FF Flavored Milk	Baby Carrots w/ Ranch Fresh Apple 1% White or FF Flavored Milk
4	5	6	7	8
BBQ Beef Rib Patty on WW Bun	"New" Texas Style Chicken Drumstick w/ WW Dinner Roll	Beef & Cheese Nachos w/ WG Corn Chips	Asian Chicken w/ Brown Rice and WW Dinner Roll	Pizza Slice
Potato Wedges Diced Pears 1% White or FF Flavored Milk	Baked Beans Fresh Orange 1% White or FF Flavored Milk	Mexican Salsa Fresh Banana 1% White or FF Flavored Milk	Stir Fry Vegetables Diced Peaches 1% White or FF Flavored Milk	Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk
11	12	13	14	15
Italian Meatball Sub on WG Bun	Popcorn Chicken w/ WG Goldfish Crackers	Beef and Cheese Burrito with Beans on WW Tortilla	Chicken & Rice Casserole	Pizza Slice
Baked Green Beans Diced Pears 1% White or FF Flavored Milk	Baked Beans Fresh Apple 1% White or FF Flavored Milk	Corn Obrien Fresh Banana 1% White or FF Flavored Milk	Steamed Broccoli Blueberries & 100% Juice 1% White or FF Flavored Milk	Baby Carrots w/ Ranch Diced Peaches 1% White or FF Flavored Milk
18	19	20	21	22
Cheeseburger Meatloaf on WW Bun	Chicken in Gravy w/ WW Dinner Roll	Walking Taco w/ WG Corn Chips	Macaroni & Cheese with WG Dinner Roll	Pizza Slice
Baked Green Beans Fresh Apple 1% White or FF Flavored Milk	Mashed Potato Diced Pears 1% White or FF Flavored Milk	Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk	Savory Carrots Coins Diced Peaches 1% White or FF Flavored Milk	Romaine w/ Dressing Fresh Orange 1% White or FF Flavored Milk
25	26	27	28	29



Thought for Thought

Desperation is sometimes as powerful an inspirer as genius. - Benjamin Disraeli

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

2/11/2019 2:42:41 PM

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****
This institution is an equal opportunity provider.

