

Detroit Public Safety Academy Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Meatloaf on WW Bun Diced Roasted Sweet Potatoes Fresh Apple 1% White or FF Flavored Milk 1	Chicken in Gravy w/ WW Dinner Roll Mashed Potato Mixed fruit 1% White or FF Flavored Milk 2	Walking Taco w/ WG Corn Chips Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk 3	Macaroni & Cheese with WG Dinner Roll Baked Green Beans Diced Peaches 1% White or FF Flavored Milk 4	Pizza Slice Romaine w/ Dressing Fresh Orange 1% White or FF Flavored Milk 5
Hot Philly Steak & Cheese Sub Potato Wedges Diced Pears 1% White or FF Flavored Milk 8	Chicken Fries w/ BBQ Sauce and WG Goldfish Baked Beans Blueberries & 100% Juice 1% White or FF Flavored Milk 9	Chicken Soft Taco on Wheat Tortilla with WG Tossed Salad with Ranch Fresh Banana 1% White or FF Flavored Milk 10	Cheeseburger Mac w/ WW Dinner Roll Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk 11	Pizza Slice Baby Carrots w/ Ranch Diced Peaches 1% White or FF Flavored Milk 12
Chicken Fajita Sub Baked Beans Fresh Orange 1% White or FF Flavored Milk 15	Meat Loaf w/ WW Dinner Roll Mashed Potato Mixed fruit 1% White or FF Flavored Milk 16	Turkey Chorizo & Cheese Nachos with WG Corn Mexican Salsa Fresh Banana 1% White or FF Flavored Milk 17	Meatballs & Gravy with WW Dinner Roll Baked Green Beans Fresh Apple 1% White or FF Flavored Milk 18	No School 19
Turkey Burger on WW Bun Diced Potatoes Diced Peaches 1% White or FF Flavored Milk 22	Texas Chili w/ Cornbread Romaine w/ Dressing Mixed fruit 1% White or FF Flavored Milk 23	Chicken & Bean Burrito with WW Tortilla Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk 24	Sweet & Sour Chicken over Brown Rice Stir Fry Vegetables Fresh Apple 1% White or FF Flavored Milk 25	Pizza Slice Baby Carrots w/ Ranch Pineapple Chunks and Juice 1% White or FF Flavored Milk 26
Classic Cheeseburger on WW Bun Baked Beans Fresh Apple 1% White or FF Flavored Milk 29	Chicken Strips w/ WG Goldfish Crackers Diced Potatoes Mixed fruit 1% White or FF Flavored Milk 30	Beef Soft Taco on WW Tortilla w/ Spanish Brown Tossed Salad with Ranch Fresh Banana 1% White or FF Flavored Milk Happy Halloween! 31		



Thought for Thought

We cannot live only for ourselves. A thousand fibers connect us with our fellow men, and among those fibers, as sympathetic threads, our actions run as courses, and they come back to us as effects. - Herman Melville

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.
****Menu Subject to Change****
 This institution is an equal opportunity provider.

